

BUILDING BRIDGES



FACT SHEET– FALL 2021

- WHO:** Children grades K-12th
- WHAT:** Building Bridges – A program for grieving children and their families
- WHEN:** 6 Tuesday Nights: **September 14th – October 19th, 2021**
- WHERE:** West Texas Rehab Campus – Stephens Family Center for Hospice Excellence, 1933 University Ave. (building closest to Glenn Middle School)
- TIME:** 7:00 PM – 8:00 PM
- FEE:** There is no charge to attend

The purpose of the Building Bridges program is to provide a unique support group for children who have experienced loss through the death of someone significant in their lives. During this program, children in grades K-12 will be given the opportunity to (1) recognize and express their feelings, (2) build self-esteem through validation, (3) receive guidance as they adapt to the changes in their families, and (4) develop skills in dealing with loss that they may utilize throughout life.

Running concurrently with each children's session is an adult group created uniquely for parents and caregivers. This group is designed to help parents and caregivers have a better understanding of the changes going on with their children.

Referrals can be made by calling Melissa at 658-6524 or emailing msalvato@wtrc.com.

THE PARENT CONSENT FORM SHOULD BE SIGNED AND RETURNED TO THE HOSPICE OF SAN ANGELO OFFICE PRIOR TO **SEPTEMBER 10th** FOR THE FALL 2021 SESSION.

There are a limited number of spaces available, so we recommend you sign up as soon as possible. You may list more than one child on the same consent form.

Questions/Additional Information contact: Melissa Salvato, Director of Building Bridges at **658-6524** or email msalvato@wtrc.com.

Please keep this fact sheet for your future reference. Thank you!

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**CONSENT FORM
FOR
BUILDING BRIDGES**

Hospice of San Angelo offers a program designed to address the special needs of children who have lost, through death, someone important in their lives. This program consists of six one-hour sessions. Children will be given the opportunity to recognize and express their feelings and receive guidance as they are adjusting to the changes in their lives and in their families. Building Bridges is a grief support group, not professional therapy. The sessions are conducted by trained Building Bridges Volunteers.

It is my desire that my child(ren) _____
participate in the Building Bridges Program offered by Hospice of San Angelo, Inc.

Name of Parent/Guardian _____

Address _____ Zip _____

Phone: _____ email: _____

Child's School _____ Grade _____

Child's Date of Birth _____ How did you hear about us? _____

Relationship of deceased to child _____ Date of Death _____

Child's T-shirt size (please circle one): Youth S M L Adult S M L XL

Specific concerns/needs: _____

I understand that there will be an Adult Group meeting at the same time, and that an adult must remain on-site for the duration of the child's session each week. At the close of the six sessions, if your child was referred to our program by a school counselor or professional counselor, a brief evaluation will be sent to the referring party. I hereby give permission for this evaluation to be sent to the referring party.

Signature of Parent/Guardian

Date

Please return this signed consent form to: Building Bridges
Hospice of San Angelo
3001 S. Jackson St., or email to: msalvato@wtrc.com
San Angelo, TX 76904 or fax to: (325) 658-8895